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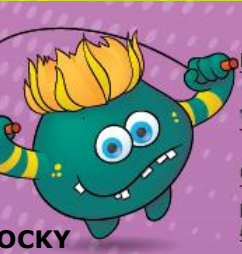
JAX



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ROCKY



DISCO



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BLASTER

St. Thomas More School

Why do we do Jump Rope/Hoops For Heart?

Your student will learn heart-healthy habits to stay healthy & if you choose, you can raise donations to help save lives.

Every \$50 we raise helps SAVE 1 LIFE!

How many lives could your family help us save this year?

Chicago Wolves Incentive:

****Top 3 students receive 2 FREE Chicago Wolves Tickets.**

****Students that raise \$50 receive 1 FREE Ticket!!!**

Go online today!

QUESTIONS: Ms. Karen Rizzo,
krizzo@stmcentral.org

CHECK OUT THE BACK OF THIS LETTER FOR SPECIAL BONUSES!!!

ONLINE DONATIONS:

Step 1:

Go to www.heart.org/jump

Step 2:

Join your school's team and....
Set up your own webpage! Send emails, ecards and texts!

Download the FREE Jump/Hoops

App  **to watch the monsters "Come to Life!!"**

Online donations count toward **Thank You Gifts!**



REGISTER ONLINE & GET A GLOW-IN-THE-DARK WRISTBAND!!!

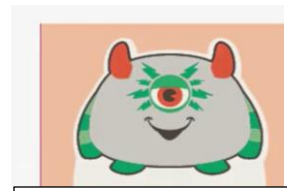
For online support Mon.-Fri. from 7am-5pm, please call our Customer Care Team at 1-855-229-4424.

➡ IMPORTANT DATES TO REMEMBER ⬅

***Jump Rope/Hoops For Heart: Feb 26 week**

***Donations due: March 2, 2018**

Please make all checks payable to:
American Heart Association
As a 501C status non-profit, all donations are tax deductible.



UNLOCK ME USING JUMP/HOOPS Mobile App

**St. Thomas More School
Jump Rope For Heart 2018**



SHAPE America and the American Heart Association collaborate on the Jump Rope For Heart and Hoops For Heart programs.

These monsters are earned with donations either online or via checks/cash.

**\$5 donation...
earn JAX &
Monster Clasp**



**Raise
\$20... earn
FINSTER**



**Raise
\$35...earn
ROCKY**



**Raise \$100...
earn PETUNIA
plush**



**Raise
\$200...earn
BLASTER plush**



Register online
at
www.heart.org
or on the
Jump/Hoops
app and get the
wristband!



**Raise \$10
ONLINE...earn
CHARGER...
I Glow-in-the-
dark!**



**Raise \$40
ONLINE... earn
DISCO plush**



**Raise \$150
ONLINE...earn
JAX Plush
pillow**

Download the
Jump/Hoops App and watch all
of the monsters "come to life!"

Mrs. Karen Rizzo
krizzo@stmcentral.org

Earn these friends with ONLINE donations only.

Thank you for helping us save lives & learn about our own heart health!